

Super Saliva



As **disgusting** and gross spit (saliva) is, it's also incredibly interesting. Here are some facts that will spark your **curiosity**. Our saliva is 99% water. The remaining 1% contains numerous substances crucial for digestion, dental health, and prevents microbial growth in the mouth. Saliva is produced by salivary glands located in your mouth. They **secrete** about 2 to 4 pints of spit into your mouth every day! Saliva helps us swallow food by making our throat slippery. It softens the food for our tongue to taste it. The enzymes in saliva also help to fight off **infections** in the mouth.

Read the passage above and answer the following questions.

1. Saliva is crucial for - _____

2. The words written below are the synonyms of the underlined words in the passage. Choose and write the correct word on the line.

interest

discharge

nasty

illness

3. Fill in the blanks below:

a) The salivary glands _____ about 2-4 pints of spit in your mouth everyday.

b) The enzymes in saliva help to fight off _____ in the mouth.

c) Our saliva is _____ water.

4. Split the words below by putting a slash(/) sign between each syllable.

disgusting

curiosity

secrete

infection
